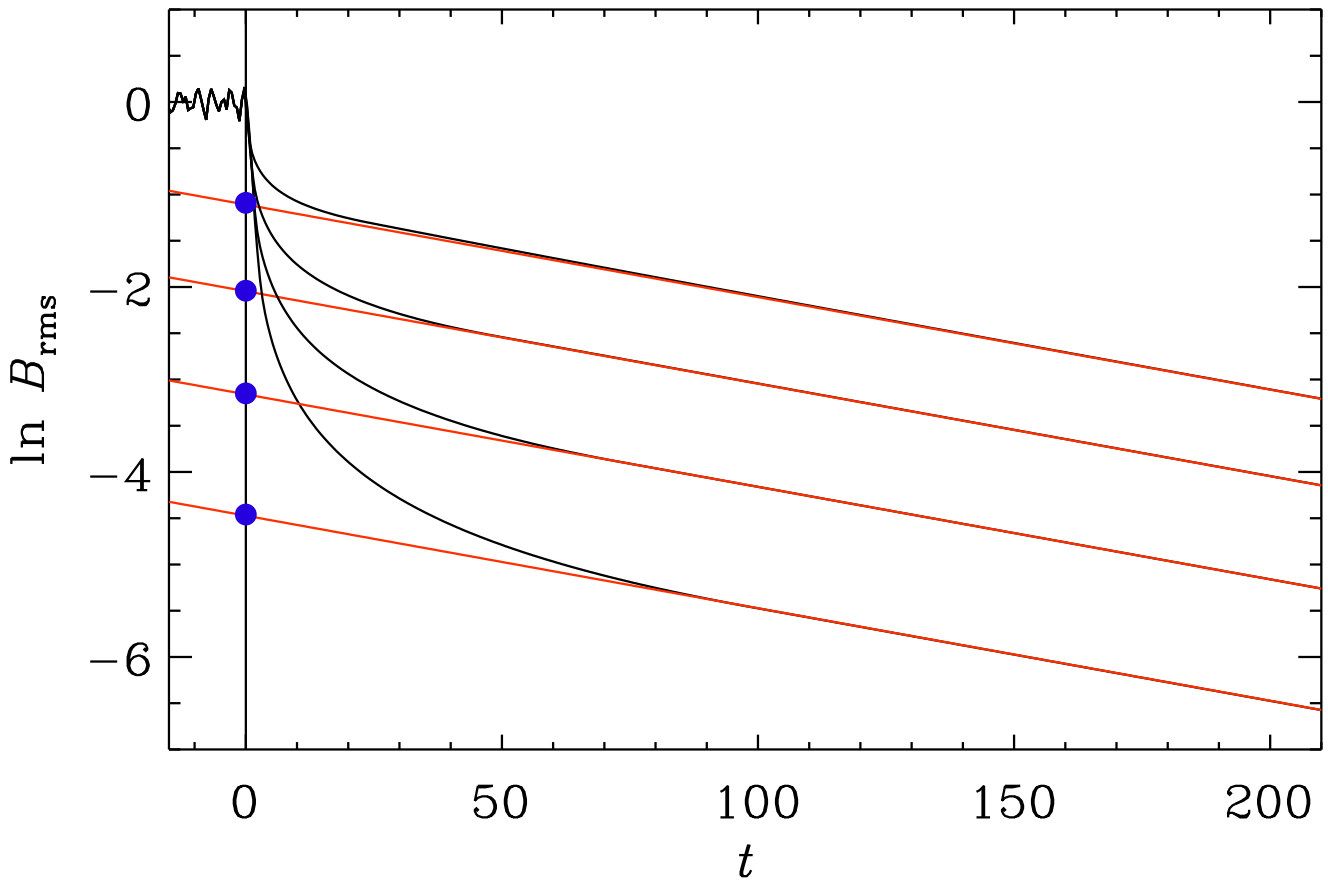
0
−2
−4
−6
ln $B_{\rm rms}$
0
50
100
150
200
t